



Cutting-edge innovations and strategies in sustainable energy systems: *Paving the way for a greener future*

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ABSTRACT

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The global disruptions caused by the COVID-19 pandemic have brought to light the vulnerabilities of urban areas, particularly their dependence on global supply chains for essential resources like energy, food, and water. These interruptions have highlighted the urgent need for local solutions that can safeguard the availability of such critical supplies. Moreover, the pandemic has underscored the public health risks associated with both outdoor and indoor pollution, which have been shown to worsen the spread and impact of the virus. In response, many countries are shifting focus towards policies that promote sustainable energy solutions, particularly those that emphasize the electrification of systems powered by renewable energy sources, as outlined by the International Energy Agency. While efforts to develop a COVID-19 vaccine remain a top priority, there is an increasing recognition of the necessity for innovative strategies that integrate renewable energy technologies, policy frameworks, and management practices to drive long-term recovery. This study aims to explore vital topics such as energy policy, biomass energy, energy-efficient buildings, and sustainable power systems. This review captures the insights advancing the conversation on sustainable energy and the transition to renewable systems.

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1. Introduction

In 2020, the rapid global spread of COVID-19 significantly impacted both the global health system and the world economy, including the energy sector [1]. The contraction and disruption of trade severely affected the energy market and the availability of traditional energy resources, such as oil and natural gas. Given concerns about energy security [2,3], the exploitation of renewable energy sources has become more critical, especially for countries that lack fossil fuels [4]. At the same time, environmental protection and emission reduction have gained increasing global importance [5].

The potential of renewable energy to reduce emissions [6,7] has led many countries to transition their energy strategies from fossil fuels to renewable sources. In 2012, the European Union's Energy Roadmap [8] set targets for reducing CO₂ emissions by 80-95% by 2050 compared to 1990 levels. However, according to the British Petroleum Statistical Review of World Energy [9], countries like China and India are expected to account for two-thirds of the increase in global energy consumption by 2040, highlighting the need for emission reduction efforts in Asia. Given finite resources and competing

demands, the development of sustainable energy systems must be cost-effective [10–12].

This paper is organized into four key research areas: energy policy for sustainable development, biomass energy application, building energy conservation, and power plant and electric systems. Fossil fuels still supply 80–85% of global energy demand, but their environmental impact has made the shift to sustainable energy increasingly urgent.

Energy policies for sustainable development, influenced by both social and technical factors, are key to this transition. Burke and Stephens [13] identified four socio-technical transitions in energy policy, while Wei et al. [14] estimated that aggressive sustainable development measures could create over 4 million renewable energy jobs. Technological advances, particularly in biomass energy, have also gained significance. Research by Bert et al. [15] and Vicente and Alves [15] highlights innovations in biomass utilization for green development.

In buildings, significant energy-saving potential remains. Studies by Mazzarella [16], Ferrari and Riva [17], and Salem et al. [18] focus on energy-saving



measures, including improved insulation and window technology. However, the variability of renewable energy sources like solar and wind remains a challenge. Energy storage systems, such as those studied by Hast et al. [19] and Xu and Wang [20], offer solutions to stabilize energy supply and demand. Lund et al. [21] emphasize the development of smart energy systems that integrate electrification and storage.

Following is some of the key areas that focus on recent advancements in sustainable energy systems: economic analysis, biomass energy applications, building energy efficiency, energy storage technologies, and emission reduction strategies.

2. Energy policy for sustainable development

With global warming becoming a key concern, substantial efforts have been made to reduce reliance on fossil fuels and adopt sustainable energy sources. Over recent decades, energy policies have shifted from relying on a single energy source to more integrated strategies with multiple objectives. Studies focusing on energy policies in countries such as Korea, Malaysia, Ghana, and China have emphasized the need for thorough economic evaluations when transitioning to renewable energy, considering factors like resource availability, production levels, and market prices.

Xu et al. [22] pointed out the importance of a risk-mitigation approach for medium- to long-term investments in renewable energy to minimize uncertainty. Economic evaluations have been applied across various energy sectors, including coal-fired efficiency, heat recovery, energy storage, CO₂ capture, and renewable integration.

For instance, Roefs et al. [23] developed an economic model for CO₂-enhanced oil recovery, showing that CO₂ capture could drastically lower the global warming potential, despite higher costs. Wiesberg et al. [24] also noted the economic burden of carbon capture technologies and suggested that collective investments in CO₂ capture installations could alleviate costs.

Economic assessments have extended to other environmental issues, such as plastic waste management. Larrain et al. [25] analyzed the economic viability of open-loop and closed-loop pyrolysis recycling, finding that open-loop systems are more cost-effective, though sensitive to volatile oil prices. In remote areas, where fossil fuel transportation costs are high, renewable energy systems are more

competitive. Bertheau [26] explored energy models for off-grid islands, finding that solar power combined with battery storage offered the most cost-effective solution, though initial investments were substantial.

In the context of energy-efficient buildings, economic analysis has proven valuable. Picallo-Perez et al. [27] used a thermo-economic approach to assess building energy systems, identifying key components that contribute both to cost and environmental impact. Additionally, sustainable transport solutions have been investigated, with Kuang et al. [28] proposing a traffic management strategy that effectively reduces congestion and greenhouse gas emissions.

Many countries face challenges due to limited energy resources, and as global energy demand continues to rise, geopolitical complexities, including tensions, sanctions, and conflicts, become more pronounced.

Achieving energy security is complicated by numerous factors and uncertainties. To address this, countries are implementing dynamic energy policies that integrate diverse approaches, moving from subjective judgments to multi-criteria decision-making based on both stable and variable factors. However, a comprehensive, reliable decision-making framework for the energy sector remains absent.

In this context, Podbregar et al. [29] explored the International Energy Security Risk Index, developed by the U.S. Chamber of Commerce. This index is one of the most thorough tools available, incorporating technical, environmental, and economic factors to assess and predict energy security. It evaluates 29 indicators across multiple sectors, including transportation and fuel availability, using statistical methods like stepwise regression and principal component analysis. Their findings suggested that key variables, such as crude oil prices and global coal reserves, account for 90% of the variance.

The analysis revealed complex interrelationships among these variables, making individual analysis challenging. A total of twelve variables, including energy consumption, CO₂ emissions, and transport-related factors, were identified as crucial. The study recommended revising the index by eliminating less significant variables to enhance its accuracy and precision.

Additionally, research plays a critical role in building a sustainable society, but a top-down approach focused on Sustainable Development Goals (SDGs) has been underexplored. Asatani et al. [30] conducted an

analysis using citation network analysis and natural language processing, examining over 300,000 publications related to sustainability. They observed a sharp increase in the number of sustainability-focused papers in recent years.

Topics such as "inclusive society" and "early childhood development" are now prominent in academic research. Emerging areas like nanocellulose and global health are also gaining significant attention. This study highlighted the importance of understanding the convergence between research trends and SDG topics, providing valuable insights for policymakers, businesses, and the academic community. However, to improve analysis, a model that accounts for the differences in terminology usage between SDGs and academic research should be developed and updated regularly.

3. Biomass energy application

Biomass energy is derived from the photosynthesis process of plants and is stored in various biomass carriers such as crops, vegetation, waste, wood, and algae. This energy can be converted into forms such as bio-oil, biogas, and biosolid fuels, or used in co-firing with conventional fuels like coal. Biomass energy utilization has seen substantial advancements in developed countries, while its potential to achieve sustainable development is increasingly recognized in developing regions.

Key challenges limiting the growth of biomass energy include inefficiencies in production and environmental standards, along with the high operating costs associated with biomass systems. To improve biomass technology for long-term sustainability, Vukasinovic et al. [31] introduced an integrated analytical method combining optimization and backcasting techniques. This approach was applied to maximize the utilization of forest residues in Serbia, enhancing local energy supply and reducing biomass waste.

Further research by Ancona et al. [32] investigated biomass gasification, suggesting that pruning residues can reduce contaminants and improve the process. They also found that calcium in the biomass and soil had a catalytic effect, aiding in tar cracking. Caputo et al. [33] evaluated district heating plants powered by biomass, concluding that utilizing a consistent biomass source is beneficial for energy efficiency, environmental protection, and reducing reliance on fossil fuels.

Biomass ash, which contains valuable potassium salts and silica, can be repurposed in agriculture. Wang et al. [34] developed a method to extract useful salts from straw and wood ashes, with cotton straw ashes yielding the highest extraction rate, thus providing a more efficient option for utilizing biomass waste.

While biofuels are a promising alternative, concerns about indirect greenhouse gas emissions such as land-use changes and transportation are significant. Ko et al. [35] examined biofuel production from agricultural residues, noting that improper waste management practices, such as open burning, could lead to significant CO₂ emissions, potentially offsetting the benefits of biofuels. However, biofuels used in biogas and bioethanol production, along with co-combustion methods, can result in substantial reductions in CO₂ emissions.

Biomass combustion residues, such as soot and char, often contain various chemicals. Ruzickova et al. [36] studied emissions from hardwood briquette combustion, revealing that the char contained organic compounds like alkanes and nitriles. Wang et al. [20] examined the co-pyrolysis of biomass with polyurethane and found that it effectively reduced soot formation and volatile compound release, with higher pyrolysis temperatures further decreasing soot production.

4. Building energy saving

The energy consumed in buildings extends beyond construction, with operational energy costs often far outweighing construction expenses throughout a building's lifecycle. To improve energy efficiency, a holistic system should be designed, considering factors like HVAC systems, building envelope, energy harvesting technologies, and intelligent control of systems and occupant behaviors to ensure comfort and safety.

Given the difficulty in modeling energy profiles at the district level, Ferrari et al. [37] reviewed multiple studies and proposed criteria for stakeholders involved in energy demand assessment and source classification, focusing on demand reduction and energy-saving strategies. Energy efficiency improvements in buildings are generally pursued through two main strategies: enhancing the building envelope (such as windows, facades, and roofs) and improving the performance of essential systems (including heating, cooling, ventilation, and lighting).

The building envelope plays a critical role in thermal comfort and overall energy balance.

Research by Krstić-Furundžić et al. [38] assessed energy performance in an office building in Belgrade, showing that alternative shading strategies effectively reduced energy demand and environmental impact. Similarly, the materials used for roofs significantly influence a building's energy efficiency. Ramos and Aires [39] studied a small house prototype and found that natural ventilation of roof cavities during summer could help regulate indoor temperatures, reducing heat transfer and improving overall comfort.

For historic buildings, energy-saving policies are often constrained by preservation requirements. However, Tetey and Gustavsson [40] demonstrated that energy renovation in a Swedish residential building could achieve significant energy savings by installing energy-efficient windows, doors, and heat recovery systems, reducing space heating energy use by more than 50%. Bottino-Leone et al. [41] proposed an evaluation method for enhancing energy performance in historic buildings while maintaining their facades, with a focus on minimizing environmental impact through effective retrofitting techniques.

Finally, occupant behavior significantly influences energy consumption in buildings. Piselli and Pisello [42] analyzed occupancy patterns over two years in an office building, using real data to create a model that more accurately reflects occupants' daily behaviors. This study highlighted the discrepancies in energy predictions based on standard models, emphasizing the importance of incorporating human-centered design to more accurately forecast and manage energy usage.

5. Power Plants and Electric Systems

The combustion of fossil fuels remains the dominant method for electricity generation due to their abundance and low cost, despite their environmental and health impacts. Incomplete combustion in engines produces particulate matter, while nitrogen oxides and carbon dioxide, primarily from electricity generation, agriculture, and transportation, contribute to pollution. Research has focused on improving combustion processes and reducing pollutant emissions. Technologies such as CO₂ capture and storage aim to mitigate the effects of global warming. Several studies have explored reducing CO₂ emissions in natural gas and biofuel-powered plants. Using biofuel blends

in internal combustion engines, for instance, can lower nitrogen oxide emissions. Additives like silicon oxide in diesel engines have been found to reduce fuel consumption and emissions. Pyrolysis, a method of converting waste into renewable fuels, has also proven effective in reducing particulate emissions [43].

CO₂ emissions are largely linked to energy generation and consumption. The dry carbonate process for CO₂ capture, when integrated with renewable energy sources, has shown promise in reducing emissions. However, the cost of CO₂ capture remains a challenge, with potential cost reductions through technological advancements. Energy-saving measures, such as recovering energy from waste and implementing CO₂ capture systems, can significantly lower emissions and energy demand in the coming decades.

Energy storage plays a critical role in balancing the supply and demand for energy, especially with the rise of renewable sources. Different types of energy storage, including thermal, electric, and chemical systems, are essential for managing the intermittent nature of renewable energy.

Hydrogen storage is commonly used in areas with high wind power, while battery storage is more common in Europe. Innovations in energy storage, such as thermal energy storage and reversible systems, are being developed to improve efficiency and reduce costs [40].

Simulators for power plants and battery storage systems are being used to improve grid stability and reduce operational costs. Integrating energy storage into microgrids with renewable energy sources, such as solar panels, can optimize energy use and reduce emissions. However, the high cost and safety issues surrounding large-scale energy storage remain significant obstacles.

Thermochemical energy storage, which can store energy for longer periods, also shows promise for future applications. Additionally, liquefied natural gas (LNG) storage is being considered as an efficient method for long-distance energy transport. Potential storage sites in Portugal, such as porous rocks and salt formations, could help support large-scale energy storage solutions [41].

6. Conclusion

The paper highlights the importance of energy policy in achieving sustainable development and decarbonization goals. Effective energy planning strategies

and the optimal mix of technologies are crucial for future energy scenarios. Biomass stands out as a key renewable resource due to its global availability and diverse conversion technologies, including anaerobic digestion and gasification.

Additionally, optimizing fossil fuel-based power plants is vital for transitioning to renewable energy by improving efficiency, reducing fuel consumption, and lowering emissions. Technologies like integrated gasification combined cycle (IGCC) offer promising solutions with low greenhouse gas emissions.

This study also emphasizes reducing building energy consumption, which accounts for over 40% of Europe's total energy use. This can be achieved through efficient HVAC systems, such as ground-source heat pumps, and the integration of renewable technologies like solar PV panels and thermal collectors.

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